

**Training Title**

**ADVANCED HEALTH & SAFETY CULTURE**

**Training Duration**

5 days

**Training Date**

REF HS011	Advanced Health & Safety Culture	5	28 Apr - 02 May 2025	\$5,500	Dubai, UAE
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In any of the 4 or 5 star hotels. The exact venue will be informed once finalized.

**Training Fees**

- \$5,500 per participant for Public Training includes Materials/Handouts, tea/coffee breaks, refreshments & Lunch

**Training Certificate**

Define Management Consultancy & Training Certificate of course completion will be issued to all attendees.

Language: English

**TRAINING OVERVIEW**

**TRAINING INTRODUCTION**

Employers are responsible for providing safe and healthy workplace conditions and have the right systems and methods for safe activities. Employees have a vital part to play in the equation. They need the right knowledge and the right attitude, which demands proper training in the basics of health and safety as well as specific training for individual tasks. Good health and safety standards rely on employers and employees working together to reduce risks.

**TRAINING AIM**

The Aim of this course is to provide the participants with training in the Advanced Health & Safety Management .

**TRAINING OBJECTIVES**

By the end of this course , the participants will be able to :

- Examine & Discuss the foundation of Advanced Health & Safety
- Design & Produce a Health & Safety Policy
- Describe and define the Organization of Health & safety in the Work Place
- Discuss how to promote a Positive Health & Safety Culture

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- Demonstrate the completion of Risk Assessment
- Describe Monitoring , Review and Audit of Health & Safety
- Demonstrate how to complete an Accident Investigation
- Describe How to Record and report Workplace Incidents
- Demonstrate the correct procedures for manual Handling
- Examine and Discuss Work Equipment

### **TRAINING METHODOLOGY:**

A highly interactive combination of lectures and discussion sessions will be managed to maximize the amount and quality of information and knowledge transfer. The sessions will start by raising the most relevant questions, and motivate everybody find the right answers. You will also be encouraged to raise your own questions and to share in the development of the right answers using your own analysis and experiences. Tests of multiple-choice type will be made available on daily basis to examine the effectiveness of delivering the course. Very useful Course Materials will be given.

- 30% Lectures
- 30% Workshops and work presentation
- 20% Group Work& Practical Exercises
- 20% Videos& General Discussions

### **WHO SHOULD ATTEND**

This training is aimed at supervisors, owners of small businesses, team leaders and anyone else who has a responsibility for the health & safety of others in the work place.

### **BENEFITS & TRAINING OUTCOME**

- Provides employees with an understanding of the principles of health and safety
- Enables employees to contribute to any health and safety management system
- Develops an understanding of:
  - responsibilities placed on employers and employees
  - hazard, risk and the main causes of harm to workers
  - the importance of following systems, procedures and rules
  - how individual action can reduce risks to health and safety
- Allows for training to be adapted to meet specific needs

### **COURSE OUTLINE**

Following topics will be covered in 5 days.

#### **Foundations in Health & safety**

- Concept of Health & Safety

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- Who is at risk?
- Incidence of illness & accidents
- Health & safety factors and how to use them
- Costs of poor health & safety

### *Accidents in the Workplace*

- Nature of accidents
- Near misses' & the accident triangle
- Reporting & investigating
- Key causes & prevention
- Health in the Workplace
- Nature of illness and disease
- Monitoring of health/illness
- Key causes & prevention

### *Supervising Health & Safety*

- The role of the supervisor
- Monitoring Health & Safety
- Organizing for Health & Safety
- Motivating and encouraging improvements
- Promoting a positive Health & Safety Culture
- Training needs and techniques
- Working with employees
- Handling conflict
- Working with management
  
- Healthy Work Environment
- Facilities for a healthy working environment
- Electricity at work
- Selection of work equipment
- Fire safety
- First Aid provisions
- Occupational Health & Hygiene
- Design of work premises
- Toxicity and categories of health hazards
- Environmental and Occupational health monitoring
- Control measures
- Noise at Work
- Radiation control
- Stress

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- Occupational health initiatives
- Safe Systems - Development and implementation
- The importance of human factors
- Manual Handling
- Work Equipment
- Hazardous Substances
- The identification and control of repetitive strain injuries
- Emergency procedures

### OHSAS 18001

- Health & Safety Organization and Management
- Introduction to management
- Principles of Control
- Risk Assessment
- Auditing and monitoring.
- Investigating incidents
- Keeping records

### Techniques of Safety Management

- Health & Safety Policies implementation and review
- Techniques and functions of risk assessments
- Incident & Accident procedures and investigations
- Quality management and documentation
- Education and Training – Development and benefits of effective training programs
- Emergency Preparedness & Response

### *Behavior Based Safety*

- Safety team

### **NOTE:**

Pre & Post Tests will be conducted.

Case Studies, Group Exercises, Group Discussions, Last Day Review & Assessments will be carried out.

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